

HELP!

We need to hear your story!

Please take a few minutes to share your Nar-Anon journey so far!

Literature Submissions:

Nar-Anon needs you to participate in its writing project. Your thoughts about recovery and how Nar-Anon has impacted your life is important and can be shared through your descriptions of your experiences, strengths and hopes. Sharing this information is how we produce our literature. It is very important that you write about your experiences and not use literature from any other source. We will need you to sign a little release form so that the submission can be produced through our Nar-Anon World Service Office (WSO) and will be done so anonymously.

Release form: I, _____ (please print) give my permission to Nar-Anon Family Groups, Inc. to copy and produce my story as provided below. I understand that it may be edited and abbreviated and that it will be presented anonymously.

Signature: _____

Date: _____

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Nar-Anon has helped me change my life by _____
