NORTHERN CALIFORNIA, ARCATA
Arcata United Methodist Church
1761 11th Street, Room #7
Thursday: 6:45 PM

NORTHERN CALIFORNIA, AUBURN
11930 Heritage Oak Place, Suite 5
Tuesday: 7:00 PM

NORTHERN CALIFORNIA, CHICO
Faith Lutheran Church
667 E. First Ave.
Wednesday: 7:00 – 8:00 PM

NORTHERN CALIFORNIA, CONCORD
John Muir Medical Center – Kunkle Rm.
2540 East Street
Tuesday: 7:30 – 8:50 PM

NORTHERN CALIFORNIA, COTATI
Church of the Oaks
175 Page Street
Monday: 6:00 – 7:30 PM

NORTHERN CALIFORNIA, DANVILLE
Danville Grange
743 Diablo Road
Monday: 7:30 PM

NORTHERN CALIFORNIA, FRESNO
Hope Lutheran Church
364 E. Barstow Ave.–Room 26
Monday: Noon – 1:00 PM

NORTHERN CALIFORNIA, FRESNO
Hope Lutheran Church
364 E. Barstow Ave.–Room 28
Tuesday: 7:00 - 8:30 PM

NORTHERN CALIFORNIA, FRESNO
Hope Lutheran Church, Newcomer’s Mtg.
364 E. Barstow (Barstow and Fresno St.)
Hope Lutheran Church
Newcomer’s Mtg. 6:00 – 7:00 PM, Room 26
Friday: 7:00 – 8:30 PM, Room 28

NORTHERN CALIFORNIA, GALT
Galt United Methodist Church
571 C Street
Saturday: 9:30 AM

NORTHERN CALIFORNIA, HAYWARD
(Previously in Union City)
Kaiser Permanente
27303 Sleepy Hollow Ave., Room M2
Monday: 7:30 – 8:50 PM

NORTHERN CALIFORNIA, MARTINEZ
1st Baptist Church
1802 Alhambra Ave., Library
Thursday: 7:00 - 8:15 PM

NORTHERN CALIFORNIA, NOVATO
Church of the Nazarene
5400 Nave Drive
Tuesday: 7:00 – 8:00 PM
Newcomer’s Meeting first Tuesday of the month: 6:30 – 7:00 PM

NORTHERN CALIFORNIA, OAKLAND
St. Paul’s Episcopal Church
124 Montecito (off Grand) Mtg. Rm at back
Saturday: 7:30 PM

NORTHERN CALIFORNIA, ORLAND
NA Building
717 5th Street
Friday: 7:15 – 8:30 PM

NORTHERN CALIFORNIA, REDWOOD CITY
St. Peter’s Episcopal Church
178 Clinton Street
Thursday: 7:30 PM - 9 PM

NORTHERN CALIFORNIA, ROSEVILLE
628 Royer St.
Monday: 7:00 PM

NORTHERN CALIFORNIA, SACRAMENTO
First United Methodist Church, Chapel
2100 J Street
Tuesday: 6:30 P.M.

NORTHERN CALIFORNIA, SACRAMENTO –
Elk Grove
Kaiser Permanente South Valley Center
8247 East Stockton Blvd.
Thursday: 7:20 PM

NORTHERN CALIFORNIA, SAN FRANCISCO
CPMC Davies Campus
45 Castro St., North Tower Bldg.–Level B, Conf. Rm. B1
Tuesday: 7:00 PM – 8:15 PM

NORTHERN CALIFORNIA, SANTA CLARA
On hold until further notice.

NORTHERN CALIFORNIA, SANTA CRUZ
Sutter Hospital
2900 Chanticleer (at Soquel Dr.) – Sutter Rm.
Sunday: 6:30 - 8:00 PM

NORTHERN CALIFORNIA, SANTA ROSA

NORTHERN CALIFORNIA, TULARE
Tulare Community Church – Matthew Rm.
1820 N. Gem St., Activity Center
Thursday: 7:00 – 8:30 PM

NORTHERN CALIFORNIA, WALNUT CREEK
Hillside Covenant Church, Classroom #2
2060 Magnolia Way
Friday: 12 Noon -1:00 PM

NORTHERN CALIFORNIA, WOODLAND
Woodland United Methodist Church
212 Second Street (Enter thru parking lot to Lamp Rm)
Monday: 6:30-7:30 PM
“Keep Coming Back!”

What is Nar-Anon?

Nar-Anon members are relatives and friends who are concerned about the addiction or drug problem of another. Nar-Anon’s program of recovery is adapted from Narcotics Anonymous and uses Nar-Anon’s Twelve Steps, Twelve Traditions, and Twelve Concepts.

Nar-Anon’s Purpose

Nar-Anon is a twelve-step program designed to help relatives and friends of addicts recover from the effects of living with an addicted relative or friend. Nar-Anon’s program of recovery uses Nar-Anon’s Twelve Steps and Twelve Traditions. The only requirement to be a member and attend Nar-Anon meetings is that there is a problem of drugs or addiction in a relative or friend. Nar-Anon is not affiliated with any other organization or outside entity.

Can’t get to a meeting? Please join our online community: www.naranon.com/forum

Notes: ___________________________
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