

**NORTHERN CALIFORNIA, ARCATA**

Arcata United Methodist Church  
1761 11<sup>th</sup> Street, Room #7  
Thursday: 6:45 PM

**NORTHERN CALIFORNIA, AUBURN**

11930 Heritage Oak Place, Suite 5  
Tuesday: 7:00 PM

**NORTHERN CALIFORNIA, CHICO**

Faith Lutheran Church  
667 E. First Avenue  
Wednesday: 7:00 – 8:30 PM

**NORTHERN CALIFORNIA, CONCORD**

John Muir Medical Center  
2540 East Street, Kunkle Auditorium  
Tuesday: 7:30 – 8:50 PM

**NORTHERN CALIFORNIA, COTATI**

Church of the Oaks  
175 Page Street  
Monday: 6:00 – 7:30 PM

**NORTHERN CALIFORNIA, DANVILLE**

Danville Grange Hall  
743 Diablo Road  
Monday: 7:30 PM

**NORTHERN CALIFORNIA, FRESNO**

Hope Lutheran Church  
364 E. Barstow Avenue, Room 26  
Monday: Noon – 1:00 PM

**NORTHERN CALIFORNIA, FRESNO**

Hope Lutheran Church  
364 E. Barstow Avenue, Room 28  
Tuesday: 7:00 – 8:30 PM

**NORTHERN CALIFORNIA, FRESNO**

Hope Lutheran Church  
364 E. Barstow Avenue, Room 28  
Friday: 7:00 – 8:30 PM  
*Newcomer's Mtg. 6:00 – 7:00 PM, Room 26*

**NORTHERN CALIFORNIA, GALT**

Galt United Methodist Church  
571 C Street (*enter through back door*)  
Saturday: 9:30 AM

**NORTHERN CALIFORNIA, HAYWARD**

Kaiser Permanente  
27303 Sleepy Hollow Avenue, 2<sup>nd</sup> Floor  
Monday: 7:30 – 8:50 PM

**NORTHERN CALIFORNIA, IONE**

King's View Assembly of God  
432 West Marlette Street  
Tuesday: 6:00 – 7:00 PM

**NORTHERN CALIFORNIA, MARTINEZ**

First Baptist Church  
1802 Alhambra Avenue, Library  
Thursday: 7:00 – 8:15 PM

**NORTHERN CALIFORNIA, NOVATO**

Church of the Nazarene  
5400 Nave Drive  
Tuesday: 7:00 – 8:00 PM  
*Newcomer's Mtg. 1<sup>st</sup> Tues. each month: 6:30 – 7 PM*

**NORTHERN CALIFORNIA, OAKLAND**

St. Paul's Episcopal Church  
124 Montecito Avenue (off Grand Avenue)  
Meeting room located at back  
Saturday: 7:30 PM

**NORTHERN CALIFORNIA, OAKLAND**

Summit Hospital  
3100 Summit Street, meet in ground floor  
cafeteria's, "Conference Room A"  
Monday: 7:30 PM

**NORTHERN CALIFORNIA, ORLAND**

NA Building  
717 5<sup>th</sup> Street  
Friday: 7:15 – 8:30 PM

**NORTHERN CALIFORNIA, REDWOOD CITY**

St. Peter's Episcopal Church  
178 Clinton Street  
Thursday: 7:30 PM – 9 PM Contact (510) 282-2466

**NORTHERN CALIFORNIA, ROSEVILLE**

Horizons Community Church  
628 Royer Street  
Monday: 7:00 PM

**NORTHERN CALIFORNIA, SACRAMENTO**

First United Methodist Church, Chapel  
2100 J Street  
Tuesday: 6:30 P.M.

**NORTHERN CALIFORNIA, SACTO – ELK GROVE**

Kaiser Permanente - South Valley Center  
8247 East Stockton Blvd.  
Thursday: 7:20 PM

**NORTHERN CALIFORNIA, SAN FRANCISCO**

CPMC Davies Campus  
45 Castro Street, North Tower building  
Level B, Conference Room B1  
Tuesday: 7:00 PM – 8:15 PM

**NORTHERN CALIFORNIA, SAN FRANCISCO**

Lincoln Park Presbyterian Church  
401 31<sup>st</sup> Avenue, Austin Room  
(*Entry door at corner of 31<sup>st</sup> Ave. & Clement St.*)  
Thursday: 6:45 PM–8:00

**NORTHERN CALIFORNIA, SANTA CLARA**

Kaiser Permanente  
710 Lawrence Expressway  
1st Floor Conference Center, Room 192  
Saturday: 8:00 – 9:00 AM

**NORTHERN CALIFORNIA, SANTA ROSA**

Glaser Center  
547 Mendocino Avenue  
Thursday: 6:30 – 7:45

**NORTHERN CALIFORNIA, TULARE**

Tulare Community Church  
1820 N. Gem Street  
In Activity Center's *Matthew Room*; parking in back.  
Thursday: 7:00 – 8:30 PM

**NORTHERN CALIFORNIA, WALNUT CREEK**

Hillside Covenant Church  
2060 Magnolia Way, Classroom #2  
Friday: 12 Noon – 1:00 PM

## *Keep Coming Back!*

## Area Help Lines

- Central Valley Area/Fresno.....(559) 797-1656  
email: [centralvalley.nfg@sbcglobal.net](mailto:centralvalley.nfg@sbcglobal.net)  
website: [www.naranoncentralvalley.org](http://www.naranoncentralvalley.org)
- Mt. Diablo Area/East Bay.....(510) 496-2708
- Golden Gate Area/San Francisco..(415) 625-3241  
email: [info@gganaranon.org](mailto:info@gganaranon.org)  
website: [www.gganaranon.org](http://www.gganaranon.org)



**Can't get to a meeting?**  
**Please join our online community:**  
[www.naranon.com/forum](http://www.naranon.com/forum)

### ***What is Nar-Anon?***

Nar-Anon members are relatives and friends who are concerned about the addiction or drug problem of another. Nar-Anon's program of recovery is adapted from Narcotics Anonymous and uses Nar-Anon's Twelve Steps, Twelve Traditions, and Twelve Concepts.

### ***Nar-Anon's Purpose***

Nar-Anon is a twelve-step program designed to help relatives and friends of addicts recover from the effects of living with an addicted relative or friend. Nar-Anon's program of recovery uses Nar-Anon's Twelve Steps and Twelve Traditions. The only requirement to be a member and attend Nar-Anon meetings is that there is a problem of drugs or addiction in a relative or friend. Nar-Anon is not affiliated with any other organization or outside entity.

## Nar-Anon Family Groups'



## **Meetings of the Northern California ("NorCal") Region**

**April 2018**

Revision date: 04/15/2018

**For updates since revision date please visit:**  
[www.naranonnorcal.org/meetings.htm](http://www.naranonnorcal.org/meetings.htm)

### World Service

**Nar-Anon Family Groups  
Headquarters, Inc.**  
22527 Crenshaw Blvd #200B  
Torrance, CA 90505 USA

phone: (310) 534-8188 or (800) 477-6291  
fax: (310) 534-8688  
email: [WSO@nar-anon.org](mailto:WSO@nar-anon.org)  
website: [www.nar-anon.org](http://www.nar-anon.org)

**Northern California  
Region**

website: [www.naranonnorcal.org](http://www.naranonnorcal.org)