

Multi-Regional Business Meeting

Moderated by Tony from High Desert

Topic	Speakers / Leaders
Opening	Tony - High Desert
Regional Status	Chairs or substitutes
Working the traditions - workshops and study groups	Tony - High Desert
How to encourage service	Randa - High Desert
Event recap	Robert - Bakersfield
Disbursement of the 7th Tradition	Robert - Bakersfield
Closing	Tony - High Desert

About Nar-Anon ©

The Nar-Anon Family Groups are a worldwide fellowship for those affected by someone else's addiction. As a twelve step program — we offer our help by sharing our experience, strength, and hope. We carry the message of hope by letting others know that they are not alone; by practicing the Twelve Steps of Nar-Anon; and by changing our own attitudes. We will respect your anonymity. Our program is not a religious one, but a spiritual way of life.

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In keeping with our traditions, we request that any photos taken or video recordings made, with the Nar-Anon/NA name or logo visible, are not posted on social networking sites, including your personal social media. We ask you to refrain from taking photos or making personal recordings during the meetings. Be mindful we may be exposing others to judgment and harm by showing they attended a Nar-Anon or NA event. We want all attendees, including newcomers, to know the convention is a safe place.

Nar-Anon Traditions



Speakers on Service

Bakersfield Marriott, 801 Truxtun Ave, Bakersfield, CA 93301
Meetings are in the Hammons Room, down the hallway southeast
from the hotel front desk.
For directions to the hotel call 661-323-1900

Friday, February 15, 2019

Opening Session

6:00 p.m. - hosted by Bakersfield group

Saturday, February 16, 2019

**Speaker and Sharing sessions every hour from
9:00 a.m. through 4:00 p.m.**

Sunday, February 17, 2019

**Offsite at Coffee Shop, 1600 20th Street, Bakersfield, CA 93301
1:00 p.m. Step Study**

The Twelve Traditions of Nar-Anon Family Groups ©

Our group experience suggests that the unity of the Nar-Anon Family Groups depends upon our adherence to these traditions.



1. Our common welfare should come first; personal progress for the greatest number depends on unity.
2. For our group purposes there is but one authority -- a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants -- they do not govern.
3. The relatives of addicts, when gathered for mutual aid, may call themselves a Nar-Anon Family Group, provided that as a group, they have no other affiliation. The only requirement for membership is that there be a problem of addiction in a relative or friend.
4. Each group should be autonomous except in matters affecting other Nar-Anon Family Groups, or NA as a whole.
5. Each Nar-Anon Family Group has but one purpose; to help families of addicts. We do this by practicing the Twelve Steps of Nar-Anon, by encouraging and understanding our addicted relatives, and by welcoming and giving comfort to families of addicts.
6. Our Family Groups ought never to endorse, finance or lend our name to any outside enterprise, lest problems of money, property and prestige divert us from our primary spiritual aim; but although a separate entity, we should always cooperate with Narcotics Anonymous.
7. Every group ought to be fully self-supporting, declining outside contributions.
8. Nar-Anon Twelfth Step work should remain forever non-professional, but our service centers may employ special workers.
9. Our groups, as such ought never to be organized, but we may create service boards or committees directly responsible to those they serve.
10. The Nar-Anon Family Groups have no opinion on outside issues; hence our name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, internet and other forms of mass media. We need guard with special care the anonymity of all NA members.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles above personalities.

Speakers on Service

Time	Topic	Speakers / Leaders
9:00 a.m.	Overview of the Traditions	Chantal - High Desert Scott as leader
10:00 a.m.	Traditions 1,2	Heidi - High Desert Scott as leader
11:00 a.m.	Traditions 3,4	Participatory workshop Robert - Bakersfield
noon	Reunion en Español	Voluntario llegará
1:00 p.m.	Traditions 5 & 6	Sheryl & Ed W. - So. Cal. Tony as leader
2:00 p.m.	Traditions 7 & 8	Ruth & JT - Central Cal. Robert as leader
3:00 p.m.	Traditions 9 & 10	Ruth & JT - Central Cal. Robert as leader
4:00 p.m.	Traditions 11 & 12	Val & Nancy - So. Cal. Tony as leader

5:00 p.m. - Optional group dinner - Location to be determined

7:00 p.m.	Multi-regional business meeting	Tony - High Desert
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