

# Minutes

# NCWSR Assembly

January 22, 2011  
 Saturday – 12:00PM – 1:30PM  
 Portola Convention Center  
 Monterey, CA  
 Jack's Restaurant

<b>Chair Person:</b>	Wendy A.	x	<b>Secretary:</b>	Audrey M.	x
<b>Vice Chair Person:</b>	Paula L.	x	<b>Delegate:</b>	Johnnie G.	x
<b>Treasurer</b>	Ruth B.	x	<b>Alternate Delegate:</b>	Karen J.	x

Attendees:	Invitee Name	Present	Invitee Name	Present
		<b>Central Valley</b>		<b>New Area</b>
	Fresno – Sunday	X	Gilroy – Thursday	X
	Fresno - Tuesday		Los Gatos - Sunday	X
	Fresno – Friday	X	Los Gatos - Thursday	X
	Modesto - Friday		San Jose - Thursday	
	Visalia – Thursday		Santa Clara - Wednesday	X
			Santa Clara - Friday	X
	<b>Mt. Diablo – Alameda - Contra Costa</b>			
	Concord - Tuesday	X		
	Oakland – Monday	X	<b>Sacramento American River</b>	
	Oakland - Friday		Roseville - Tuesday	X
	Oakland - Saturday	X	Sacramento (SS) - Monday	
			Sacramento (SS) - Tuesday	
	<b>Golden Gate</b>		Sacramento - Thursday	X
	San Francisco – Sunday	X		
	San Francisco - Tuesday	X	<b>Sonoma</b>	
			Santa Rosa – Sunday	
	<b>Greater Bay Area</b>		Sebastopol - Wednesday	
	Aptos - Tuesday	X		
	Monterey - Saturday	X		
	Redwood City - Thursday			
	Santa Cruz - Sunday	X		
	Seaside – Monday	X		
	Union City - Monday	X		

## Agenda Topics

1. Introductions and Roll Call – Introductions were made and roll was called. Nineteen (19) of twenty-nine (29) groups were represented so a quorum (50%+1) was established.
2. Adoption of June 2010 Assembly Minutes – A correction to the June 2010 minutes was noted in that the Monterey – Sunday group has been disbanded. A motion and second to the motion to accept the Amended June 2010 Minutes was made. The Amended June 2010 Minutes were accepted unanimously.
3. Establish Regional Policy Committee (**See Exhibit A**) –
  - 1) A Regional Policy Committee does exist. Ruth, Judy, and Pat are group members. This committee did not meet in the past quarter. They are waiting for the WSO approval of the NFG Guide to Local Services to begin meeting. A Chairperson for this committee is needed. Anna (Oakland-Saturday) volunteered for this position.
  - 2) In the past, areas were established for ease of traveling to the area meetings. Groups decided by group conscience which area they 'belonged' to. Much discussion about this was held. After

	discussion a motion was made and a second to the motion received to add the issue of determining Area Boundaries and how groups might withdraw from their current area and become part of a different area to the Policy Committee. The motion was passed.												
4.	<p>Area Reports –</p> <p>1) Fresno – We currently have three meetings in the Fresno Area. We average at most meetings about 7 to 10 members. We are having great difficulty with members being in service positions. We have an active H&amp;I panel which attend a local inpatient drug rehabilitation center once a month to share our experience, strength, and hope with the family members. We plant the seed that there is recovery and a better way of life if we also work the 12-steps of Nar Anon. As of February 3, 2011, we will be adding a Newcomers Meeting on Thursday Nights at a county mental health facility. Several month ago we took a panel to the facility and spoke with the clients of how Nar Anon has helped us to recover as family members. We had a very good response from the staff and the clients. We continue to have bake sales and fundraisers so we can pay for our Area expenses. We have been passing out literature submissions to our members to encourage them to write stories for upcoming literature at WSO. We will be starting soon to form a committee to work on the upcoming convention in Fresno (June 8 – 10, 2012).</p> <p>2) Please submit other Area Reports to either Audrey to include in Minutes or to Judith for posting on the web.</p>												
5.	<p>Newsletter Report –</p> <p>1) This is now at the NCSWR website. It can be downloaded and handed out at group meetings. Please submit write-ups about up-coming events and add Group and Area reports. Please don't wait until the last moment to submit these types of items.</p> <p>2) Pat (SF-Sunday) volunteered to proof read and finalize future Newsletters.</p>												
6.	<p>Website Report – Judith is the web master. Send her updates to Group Meeting schedules for posting to the web. Regions and some areas have attempted to create their own websites but this practice confuses people. Also notify WSO of changes by web, fax, or phone (they have a 1-800 number). WSO also needs a list of contacts for each meeting.</p>												
7.	<p>Hospitals &amp; Institutions Committee Report</p> <ul style="list-style-type: none"> <li>✓ Alameda/Contra Costa/Mt. Diablo Area – Our area paid for 75 Passports to Freedom, on which we placed a sticker with our meeting information, website, and help line number. These 75 were distributed by group conscience as follows: <ul style="list-style-type: none"> <li>○ 25 to St. Vincent de Paul ( Alameda/Contra Costa)</li> <li>○ 20 Kaiser CDRP WC (Vallejo &amp; Antioch Clinic)</li> <li>○ 10 Aladdin Bail Bonds (Martinez &amp; Oakland)</li> <li>○ 10 STAND Against Domestic Violence (Contra Costa County)</li> <li>○ 10 John Muir Health Behavioral Health Rehab/ Substance Abuse</li> <li>○ The Jewish Family &amp; Children's Service of East Bay was left a message but had not yet returned the call</li> <li>○ Checked with Contra Costa &amp; Oakland Crisis Center and received confirmation that we are in ther 211 Information &amp; Referral database.</li> </ul> </li> <li>✓ Other Areas</li> <li>✓ Regional Committee - volunteers?</li> </ul>												
8.	<p>Outreach (Public Information) Committee Report</p> <ul style="list-style-type: none"> <li>✓ A template for stickers for Nar Anon Local or Area meetings is on the Nar Anon Website</li> <li>✓ Great Bay Area has a new card listing local meetings</li> <li>✓ A Public Service Announcement put out by the Greater Bay Area is available for other areas to use. Jonnie will send a link to allow access to this for formatting local contact information. GBA would be willing to provide an outline of how to go to local PBS stations to accomplish the same thing.</li> </ul>												
9.	<p>Treasurer's Report</p> <p>1) Region Fiscal Year Expenditures 2010 – Prudent Reserve Line Items:</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td colspan="3"><b>Convention Seed Money</b></td> </tr> <tr> <td style="width: 15%;">01/16/10</td> <td style="width: 60%;">Seed Money NCRC Santa Clara</td> <td style="width: 25%; text-align: right;">\$ 400.00</td> </tr> <tr> <td></td> <td>Seed Money NCRC Stockton</td> <td style="text-align: right;"><u>\$ 400.00</u></td> </tr> <tr> <td></td> <td></td> <td style="text-align: right;"><b>\$ 800.00</b></td> </tr> </table>	<b>Convention Seed Money</b>			01/16/10	Seed Money NCRC Santa Clara	\$ 400.00		Seed Money NCRC Stockton	<u>\$ 400.00</u>			<b>\$ 800.00</b>
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		<b>\$ 800.00</b>											

**New Meeting Startup**

03/01/10	Redwood City	\$ 50.00	
03/12/10	Monterey	\$ 50.00	
05/10/10	Aptos (Connie A)	\$ 50.00	
09/07/10	Roseville (Tracy T)	<u>\$ 50.00</u>	
			<b>\$ 200.00</b>

**Convention Materials**

04/16/10	Convention Materials (Jonnie G)	<u>\$ 300.00</u>	<b>\$ 300.00</b>
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**Web Hosting**

08/16/10	Web Hosting (1 year)(Richard R)	<u>\$ 95.88</u>	<b>\$ 95.88</b>
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**Total Expenditures 2010****\$1,305.88****Total Receipts 2010****\$2,883.46****2) Northern California Regions Prudent Reserve 2020:**

a.	World Service Conference Equalized Expenses	\$ 1,700.00	
b.	Delegate Travel Fund	500.00	
c.	Convention See Monies	800.00*	
d.	Convention Materials	300.00*	
e.	New Meeting Support	300.00	
f.	Web Hosting	200.00	
g.	General Expenses	<u>100.00</u>	

**Total****\$3900.00**

\* Met Prudent Reserve Amounts

**3) Northern California Region Treasurers Report – January 21, 2011****Account Summary****Beginning Balance (06/12/2010) \$3467.24****Deposits**

07/13/10	Donation Greater Bay Area – Gilroy	\$ 10.00	
07/13/10	Seed Money Stockton Convention	\$ 400.00	
08/16/10	Donation Santa Clara – Friday	\$ 75.00	
08/16/10	Donation - Central Valley Area	\$ 98.67	
10/26/10	Donation – Concord	\$ 100.00	
12/08/10	Donation – Central Valley Area	<u>\$ 200.40</u>	
	<b>Total Deposits</b>		<b>\$ 984.07</b>

**Expenses**

06/12/10	Adjustment to Account Balance (see explanation)	\$ -183.45	
08/16/10	Richard R Web Hosting (1 year)	\$ - 95.88	
09/07/10	Tracy T. New Meeting Roseville Startup	<u>\$ - 50.00</u>	
	<b>Total Expenses</b>		<b>\$ -329.33</b>

**Ending Balance (through 12/13/2010)****\$ 4121.98****Surplus (above/under 2010 Prudent Reserve (\$3900) \$ 221.98\*\*****Explanation for Adjustment to Account**

1)	Deducted duplicate entry for deposit entry 08/02/09 (Check never deposited, replacement check	\$ -279.30	
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	deposited on 01/29/10 and entered in check book)	
	2) Added missing deposit per statement 1/12/07 – 02/12/07	\$ +145.00
	3) Deducted missing check order per statement 8/13/09 – 9/13/09	\$ -49.00
	4) Added Dividend	\$ .05
	5) Adjustment to Check book balance	\$ -183.45
10.	Treasurer recommendations for Assembly action –	
	1) A motion was made and a second to the motion was received. The motion was passed – Send surplus above Prudent Reserve amount to WSO (\$221.98)	
	2) Would this assembly like to change the Prudent Reserve amount? The NCWSR send \$1300.00 during the last cycle. Will be sending money again in December 2011	
	3) A motion was made and a second to the motion was received. The motion was passed – Raise funds to send the Alternate Delegate, in addition to the Delegate to the next WSO assembly	
	4) A motion was made and a second to the motion was received. The motion was passed – Accept the Treasurers Report	
11.	New Business	
	1) Quarterly WSO Delegate Reports are posted to the NCSWR Yahoo Groups	
	2) WSO as that Groups/Areas/Regions who send out fliers, for convention or upcoming activities, to send them in both color and black & white. Also, please do not submit color order forms because they cannot be copied successfully.	
	3) Discuss H&I efforts at the next Assembly meeting. Discuss how to make this a better effort and how to distribute materials more widely.	
	4) A motion was made and a second to the motion was received. The motion was passed – Adjourn this meeting and meet again during the April 2011 Convention.	
12.	Old Business	
13.	Next Meeting – It has not yet to be decided whether to meet Friday evening or Sunday afternoon.	

## Exhibit A

### Establish Regional Policy Committee – Current Issues which Committee could consider:

1. Review NFG Guide to Local Services 2010 and NCR Guidelines & recommend to Assembly any needed revisions/changes/additions to NCR Guidelines (and/or WSC motions re NFG Guide to Local Services for WSC consideration
2. Area Boundaries – Set by NCR Assembly per NFG Guide p. 5-1 & NCR G/L p.3 – Committee Recommendations re:
  - a. Consider defining Area Boundaries beyond tradition of following NA Area Boundaries Map
  - b. Establishing Area Membership (Group Autonomy)
  - c. Establishing new Areas, subdividing Areas, group withdrawal from existing Area policies
  - d. Area Start-Up Policies (NCWSR Contribution? etc)